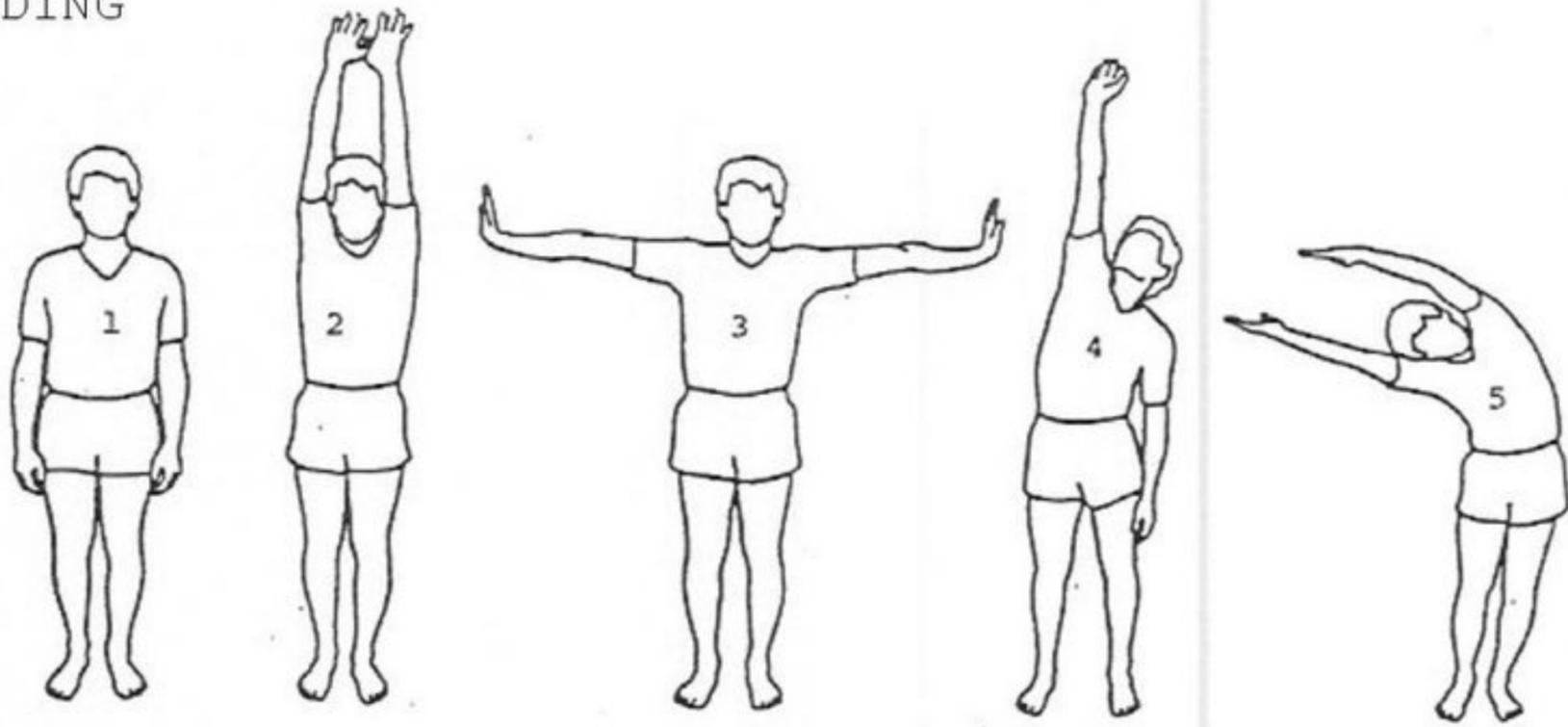
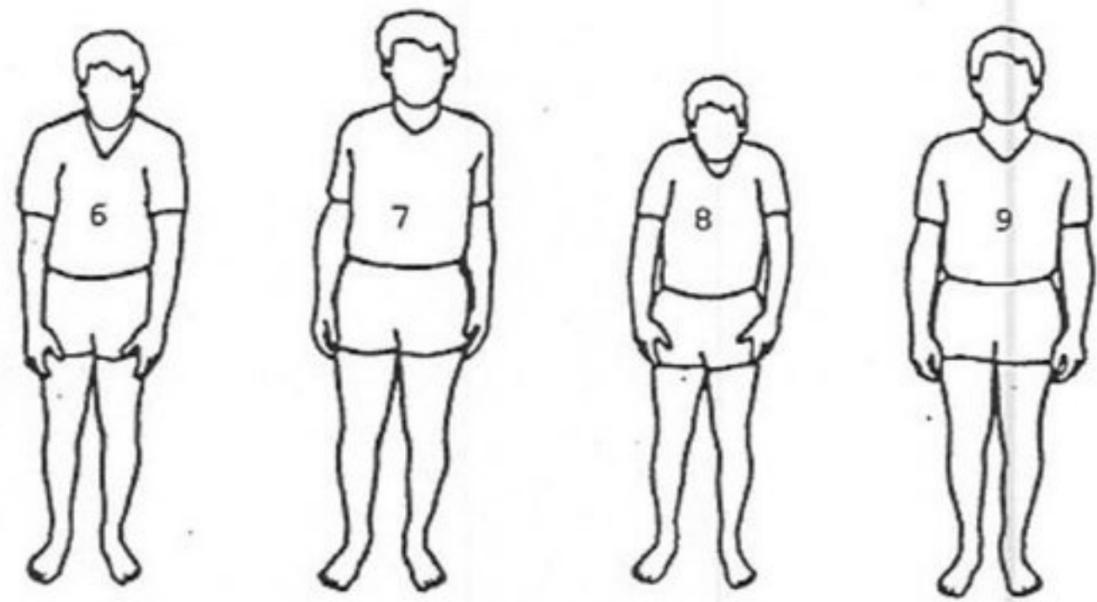


SEQUENCE OF POSTURES
STANDING

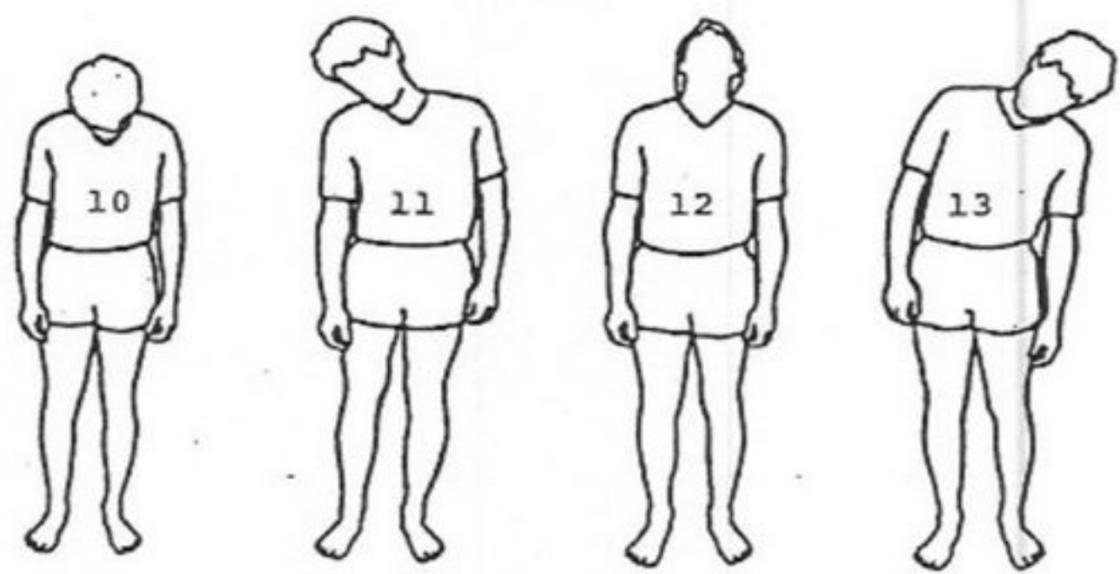


BOTH SIDES

BOTH SIDES



SHOULDER ROLLS



NECK ROLLS

